



**EMPOWERED
COMMUNITIES**
**TO TACKLE ANTIMICROBIAL RESISTANCE
IN LATIN AMERICA AND THE CARIBBEAN**

Food, Nutrition and Antimicrobial Resistance
Food as Medicine: Healing bodies, lands and communities
15 November, 2023

Virtual event via Zoom, register here for free:

https://paho-org.zoom.us/webinar/register/WN_Fb0cl74rSpuQ2Yh_gMORKA

Simultaneous translation: English, Portuguese, Spanish

9:00 AM - 11:30 AM: CENTRAL AMERICA

9:00 AM - 11:30 AM: ECU/COL/MEX/PER

10:00 AM - 12:30 PM: BOL/PRY/VEN/USA (Washington, DC)

11:00 AM - 1:30 PM: ARG/CHL/URY/BRA

Program/content:

Master of ceremonies: Viviana Muñoz, South Center		
Facilitators: Mirza Alas, South Center Anita Abad, Ecuadorian Journalist		
FIRST PART. Welcome and Artistic presentations (15 minutes)		
9:00 - 9:15 AM	Welcome	Viviana Muñoz, South Centre (5 min)

	Artistic presentations	<p>Musical presentation "El fogón" (The Fire-pit, stove), Airlen Segura, singer-songwriter, campesino and educator, Colombia (5 min)</p> <p>Reading of the short story "Microbioma y yo" (Microbiome and me), Mabel Zignano, Nursing and Theatre degrees, Argentina (5 min)</p>
SECOND PART: Healthy food production, distribution, preparation and consumption practices. Eating healthily, healthy microbiome, healthy body. (30 minutes)		
9:15 - 9:45 AM	<p>Presentations: Cultivating to produce, learn and eat healthily</p> <p>1) School orchards: a strategy and curriculum to learn science through feeling and living the earth and its nutrients: synthesis, Formosa, Argentina. María Zorilla. (7 min).</p> <p>2) Healthy school nutrition: implementation of the school nutrition program in a Brazilian municipality and new school nutrition law project proposal. Ana Maya, Instituto Brasileiro de Defesa del Consumidor IDEC (Brazilian Institute for Consumer Protection), Brasil (7 min).</p> <p>3) Eating healthily, healthy microbiome and healthy body: experience/project of integrated fibromyalgia treatment. Silvana Figar, Italian Hospital of Buenos Aires, Argentina (7 min).</p>	
THIRD PART. Sharing Perspectives. Food as medicine: healing our bodies and communities. (75 minutes)		
9:45-11:00 AM	<p>Mayan peoples' recipes, Ixch'umil Adela Ajquejay, Professor of Nutrition, Maya Kaqchikel University, Guatemala.</p> <p>Preparation and consumption of healthy foods (cook and biodynamic producer from Argentina), Alex Von Foerster.</p> <p>Biosocial laboratory, "Pacto con la Tierra" (Pact with the Earth), project Huerta Roma Verde: Alimentos que sanan comunidades y territorios (Roma Verde Orchard: foods that heal communities and lands) Paco Ayala, Mexico City.</p>	
FOURTH PART: Closing and Artistic presentations (20 minutes)		
11:00 - 11:20 AM	<p>1) Reading of the call to thinking, dreaming, imagining, and writing: recipes to heal our bodies and lands. Álvaro Restrepo, Red Sanadores (Network of healers), Colombia (5 mins).</p> <p>2) Video "Tarpuy Pacha - Tiempo de siembra" (Harvest time), Kirincay Community - Quilloac Cañar, Ecuador (5 mins).</p>	
<p>Closing and Farewell: Viviana Muñoz, South Centre (5 mins)</p>		

